

AROMA®



instruction manual

ARC-743-1NG/ARC-743-1NGR/ARC-743-1NGB

Rice & Grain Cooker

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AROMA®

To Enhance and Enrich Lives.

Here at Aroma we strive to make a difference—to design and distribute products that enhance and enrich people's lives.

Aroma offers an array of exceptional products to make cooking simple and satisfying. Discover other countertop appliances and cookware from our current product lineup to complement your kitchen.

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Published By:

Aroma Housewares Co. | 6469 Flanders Drive, San Diego, CA 92121, U.S.A.

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IMPORTANT SAFEGUARDS

Basic safety precautions should always be followed when using electrical appliances, including the following:

1. **Important: Read all instructions carefully before first use.**
2. Do not touch hot surfaces. Use the handles or knobs.
3. Use only on a level, dry and heat resistant surface.
4. To protect against electrical shock, do not immerse cord, plug or the appliance in water or any other liquid. See instructions for cleaning.
5. Close supervision is necessary when the appliance is used by or near children.
6. Unplug from outlet when not in use and before cleaning. Allow unit to cool before putting on or taking off parts and before cleaning the appliance.
7. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Contact Aroma® customer service for examination, repair or adjustment.
8. The use of accessory attachments not recommended by Aroma® Housewares may result in fire, electrical shock or injury.
9. Do not use outdoors.
10. Do not let cord touch hot surfaces or hang over the edge of a counter or table.
11. Do not place on or near a hot gas or electric burner or in a heated oven.
12. Do not use the appliance for anything other than its intended use.
13. Use only with a 120V AC power outlet.
14. Extreme caution must be used when moving an appliance containing hot rice or liquids.
15. Do not touch, cover or obstruct the steam vent on the top of the rice cooker as it is extremely hot and may cause scalding.
16. Always unplug from the plug gripping area. Never pull on the cord.
17. The rice cooker should be operated on a separate electrical circuit from other operating appliances. If the electrical circuit is overloaded with other appliances, the rice cooker may not operate properly.
18. Always make sure the outside of the inner pot is dry prior to use. If the inner pot is returned to the cooker when wet, it may damage or cause the product to malfunction.
19. Use extreme caution when opening the lid during or after cooking. Hot steam will escape and may cause scalding.
20. Food should not be left in the inner pot with the **Warm** function on for more than 12 hours.
21. Never use the inner pot on a stovetop or burner. This will cause damage or deformation to the inner pot.
22. To disconnect, flip the cook switch to **Warm** then remove the plug from the wall outlet.
23. **CAUTION:** To reduce the risk of electrical shock, cook only in the removable inner pot provided.
24. Intended for countertop use only.

SAVE THESE INSTRUCTIONS



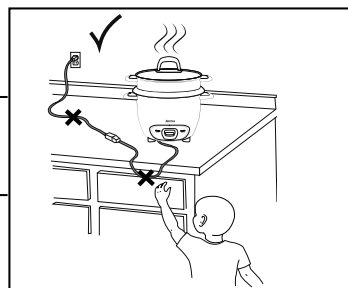
IMPORTANT SAFEGUARDS

Short Cord Instructions

1. A short power supply cord is to be provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.
2. Longer extension cords are available and may be used if care is exercised in their use.
3. If a longer detachable power-supply cord or extension cord is used:
 - a.) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
 - b.) The extension cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.

DO NOT DRAPE CORD!

**KEEP AWAY
FROM CHILDREN!**



Polarized Plug

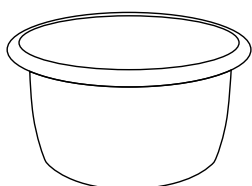
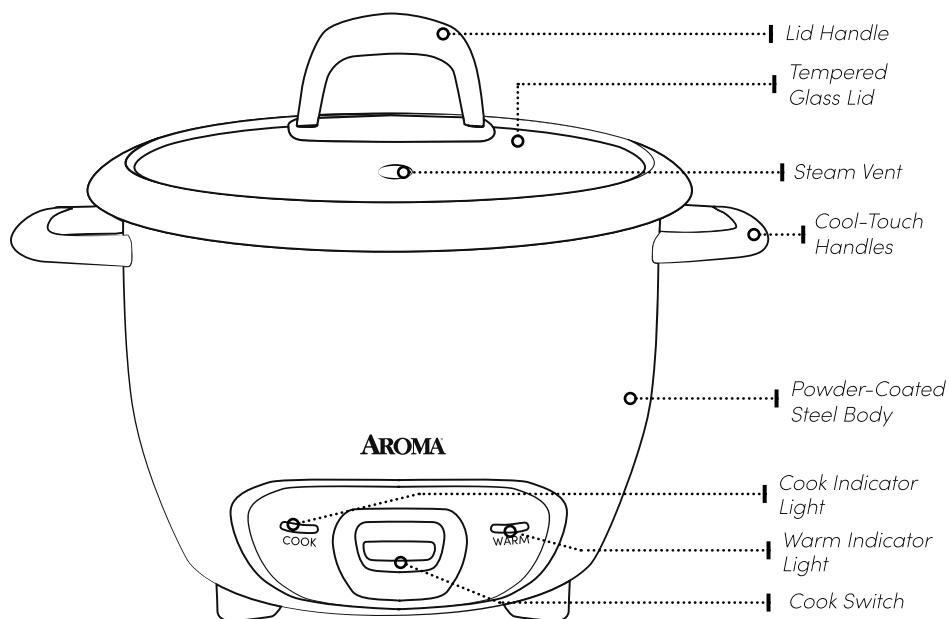
This appliance has a polarized plug (one blade is wider than the other); follow the instructions below:

To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.

THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY.

Parts Identification



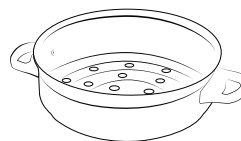
Nonstick Inner Pot



Serving Spatula



Rice Measuring Cup



Steam Tray

Controls/Functions

Cook

Simply press the switch down to begin cooking food.

Warm

Automatically switches to **Warm** at the end of the cooking cycle. Perfect for keeping food at a ready-to-serve temperature.

BEFORE FIRST USE

1. Read all instructions and important safeguards.
2. Remove all packaging materials and check that all items have been received in good condition.
3. Tear up all plastic bags and dispose of them properly as they can pose a risk to children.
4. Remove the inner pot from the cooker and clean with warm, soapy water. Rinse and dry thoroughly before returning to the cooker.
5. Wash the lid and all other accessories in warm, soapy water. Rinse and dry thoroughly.
6. Wipe the cooker's body clean with a damp cloth.
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TO CLEAN

1. Remove the inner pot when the cooker has completely cooled.
2. Hand wash the glass lid and all accessories or place on the top rack of the dishwasher.
3. Wipe the cooker's body clean with a damp cloth.
4. Thoroughly dry the cooker's body, lid and all accessories. Reassemble for next use.
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TROUBLESHOOTING

• Rice is too dry/hard after cooking.

If your rice is dry or hard/chewy when the cooker switches to **Warm**, additional water and cooking time will soften the rice. Depending on how dry your rice is, add ½ to 1 cup of water and stir thoroughly. Place on the lid and press the cook switch down. When the cooker switches to **Warm** mode, remove the lid and stir the rice to check the consistency. Repeat as necessary until rice is soft and moist.

• Rice is too moist/soggy after cooking.

If your rice is still too moist or soggy when the cooker switches to **Warm**, use the serving spatula to stir the rice. This will redistribute the bottom (moist) part of the rice as well as release excess moisture. Place on the lid and allow to remain on **Warm** mode for 10-30 minutes as needed, removing the lid and stirring periodically to release excess moisture.
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6.

Note:

- We recommend hand washing the inner pot with warm, soapy water to lengthen its lifespan and avoid damage over time. If washing in a dishwasher, a slight discoloration to the inner pot may occur. This is cosmetic and will not negatively affect performance.
- Do not use harsh abrasive cleaners, scouring pads or products that are not considered safe to use on nonstick coatings.
- Any other servicing should be performed by Aroma® Housewares.

Helpful Hints:

The provided rice cooker cup is the equivalent to a ¾ standard U.S. cup



Note:

- Because rice varieties may vary in their make-up, results may differ.

COOKING RICE & GRAIN

1. Using the provided measuring cup, add rice or grain to the inner pot.
2. Rinse rice to remove excess starch. Drain.
3. For white rice, fill the inner pot with water to the line that matches the number of cups of uncooked rice added. For brown rice or other grains, refer to the "Rice/Grain & Water Measurement Tables" on pages 8-9.
4. Place the inner pot into the cooker then place the glass lid on top.
5. Plug the power cord into an available 120V AC wall outlet.
6. Press the cook switch down to begin cooking. The cook indicator light will illuminate as the rice cooker begins to heat.
7. When the cycle is complete, the cook switch will automatically flip up and switch to **Warm** mode.
8. For best results, stir the rice with the serving spatula to distribute any remaining moisture.
9. When finished serving, unplug the power cord to turn the rice cooker off.
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Caution:

The rice cooker will not switch to **Warm** mode until all liquid has evaporated. Follow your recipe carefully and do not leave the rice cooker unattended.

Note:

- Before placing the inner pot into the cooker, check that the inner pot is dry and free of debris. Adding the inner pot when wet may damage the cooker.
- Food should not be left in the cooker on **Warm** for more than 12 hours.

Helpful Hints:

If you misplace the measuring cup, a $\frac{3}{4}$ standard U.S. cup is an exact replacement.

To add more flavor to grain, try substituting a favorite meat or vegetable broth or stock. The ratio of broth/stock to grain will be the same as water to grain.

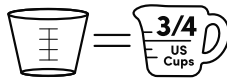
For approximate brown rice and grain cooking times and suggested grain/water ratios, see the "Rice/Grain & Water Measurement Tables" on pages 8-9.

Rice & Water

Measurement Table

Uncooked Rice*	Water: Using the Water Line (inside pot)	Water: Using the Measuring Cup*	Approx. Cooked Rice Yield*	Cooking Times
1 Cup	White Rice: Line 1 Brown Rice: --	White Rice: 1½ Cups Brown Rice: 1½ Cups	2 Cups	White Rice: 15–20 Min. Brown Rice: 30–35 Min.
2 Cups	White Rice: Line 2 Brown Rice: --	White Rice: 2½ Cups Brown Rice: 3 Cups	4 Cups	White Rice: 18–23 Min. Brown Rice: 35–40 Min.
3 Cups	White Rice: Line 3 Brown Rice: --	White Rice: 3½ Cups Brown Rice: --	6 Cups	White Rice: 21–26 Min. Brown Rice: --

*Cups referenced are with the included measuring cup
(1 Rice Measuring Cup = ¾ U.S. Cup)



Note:

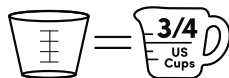
- Opening the lid during the cooking cycle causes a loss of heat and steam. Cooking time may be prolonged if the lid is opened before the rice is finished.
- Rinse rice before placing it into the inner pot to remove excess bran and starch. This will help reduce browning and sticking to the bottom of the pot.
- Do not place more than 3 cups of uncooked rice (2 cups of brown rice) into this appliance at one time.** The maximum capacity of this unit is 3 cups of uncooked rice (2 cups of brown rice) which yields 6 cups of cooked rice (4 cups of brown rice).

Grain & Water

Measurement Table

Grain	Uncooked Grain	Liquid	Approx. Cooked Grain Yield	Max. Uncooked Grain*
Barley	1 Part	3 Parts	2½ Parts	½ Cup
Bulgur	1 Part	2½ Parts	2½ Parts	½ Cup
Couscous	1 Part	1 Part	2 Parts	3 Cups
Quinoa	1 Part	1½ Parts	2½ Parts	2½ Cups
Oatmeal	1 Part	2½ Parts	2 Parts	1 Cup

*Cups referenced are with the included measuring cup
(1 Rice Measuring Cup = ¾ U.S. Cup)



Note:

- Cooking times are approximate. Altitude, humidity and external temperature will affect cooking time.
- For best results when cooking barley or bulgur, let both grains sit on **Warm** for 10 minutes before serving.

STEAM

1. Using the provided measuring cup, add 2 cups of water to the inner pot.
2. Place the inner pot into the rice cooker.
3. Place food to be steamed onto the steam tray.
4. Place the steam tray atop the inner pot then place the glass lid on top.
5. Plug the cord into an available 120V AC outlet.
6. Press the cook switch down to begin steaming. The cook indicator light will illuminate as the rice cooker begins to heat.
7. Once the suggested amount of time has passed, carefully remove the lid and check food for doneness.
8. If food is fully cooked, push the cook switch up to manually switch the rice cooker to **Warm**.
9. To prevent overcooking, remove steamed food immediately once it is cooked. Be sure to use a protective, heat-resistant glove when removing to avoid possible injury.
10. When finished cooking, unplug the power cord to turn the rice cooker off.
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STEAM & COOK GRAIN

1. To steam foods while cooking rice or grain below, begin by following steps 1 through 6 of "Cooking Rice & Grain" on page 7.
2. Place food to be steamed onto the provided steam tray
3. Open the lid using caution as built-up steam may escape.
4. Place the steam tray atop the inner pot then place the glass lid on top.
5. When food is finished steaming, remove the steam tray. Use a protective, heat-resistant glove when removing to avoid possible injury.
6. Allow the cooker to continue the cooking cycle.
7. Once the cycle is complete, the rice cooker will automatically switch to **Warm**.
8. For best results, stir the rice or grain with the serving spatula to distribute any remaining moisture.
9. When finished serving, turn the rice cooker off by unplugging the power cord.
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10.

Helpful Hints:

Smaller foods may be placed on a heat resistant dish and then placed onto the steam tray. Parchment paper or aluminum foil may be used as well. Place the paper foil in the center of the steam tray and ensure it does not create a seal along the bottom of the steam tray. For best results, it is recommended to puncture small holes in the paper/foil.

Note:

Before placing the inner pot into the rice cooker, check that the inner pot is dry and free of debris. Adding the inner pot when wet may damage the rice cooker.

Food can be steamed at any time while rice cooks, however for best results food should be steamed toward the end of the rice cooking cycle. This will allow for rice and steamed food to be ready at the same time. See the "Rice & Water Measurement Table" included on page 8 for approximate rice cooking times.

Meat & Vegetable

Steaming Tables

Vegetable	Steaming Time
Asparagus	20 Min.
Broccoli	15 Min.
Cabbage	25 Min.
Carrots	25 Min.
Cauliflower	25 Min.
Corn	25 Min.
Eggplant	30 Min.
Green Beans	15 Min.
Peas	20 Min.
Spinach	20 Min.
Squash	20 Min.
Zucchini	20 Min.

Meat	Steaming Time	Safe Internal Temperature
Fish	25 Min.	140°F
Chicken	30 Min.	165°F
Beef	Medium = 25 Min. Medium-Well = 30 Min. Well = 33 Min.	160°F
Pork	30 Min.	160°F

Note:

- Food should not be left in the cooker on **Warm** for more than 12 hours.
- Altitude, humidity and outside temperature will affect cooking times.
- These steaming charts are for reference only. Actual cooking times may vary.

COOKING SOUP, CHILI, OR STEW

1. Add desired ingredients to the inner pot.
2. Place the inner pot into the cooker then place the glass lid on top.
3. Plug the power cord into an available 120V AC outlet.
4. Press the cook switch down to begin cooking. The cook indicator light will illuminate as the rice cooker begins to heat.
5. Carefully open the lid and stir contents occasionally with a long-handled wooden spoon.
6. Allow the cooking cycle to complete until the cooker automatically switches to **Warm**.
7. Check food for doneness. If food needs additional cook time, press the cook switch down to begin another cooking cycle.
8. When food is fully cooked, push the cook switch up to manually switch the rice cooker to **Warm**.
9. When finished serving, unplug the power cord to turn the rice cooker off.
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COOKING OATMEAL

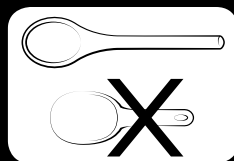
1. Using the provided measuring cup, add oatmeal to the inner pot.
2. Fill with water according to packaging instructions. When an oatmeal/water ratio is not available, use a 1:2.5 ratio. In such cases, do not use more than 1 cup of oatmeal.
3. Place the inner pot into the cooker then place the glass lid on top.
4. Plug into an available 120V AC outlet.
5. Press the cook switch down to begin cooking. The cook indicator light will illuminate as the rice cooker begins to heat.
6. Carefully open the lid and stir contents occasionally using a long-handled wooden spoon.
7. Once the oatmeal begins to boil, remove the lid.
8. Allow the oatmeal to cook until the cooker automatically switches to **Warm**.
9. When finished serving, unplug the power cord to turn the rice cooker off.
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12.



Caution:

Do not use the provided serving spatula to stir hot soup, chili, or stew. It is not intended to be used in contact with high temperatures. Use a long-handled wooden or heat-safe spoon to stir food.



Note:

- Before placing the inner pot into the cooker, check that the inner pot is dry and free of debris. Adding the inner pot when wet may damage the cooker.
- Food should not be left in the cooker on **Warm** for more than 12 hours.

RECIPES

Ham & Swiss Frittata

2	eggs
1 slice	deli ham, chopped
2 tbsp.	onion, chopped
¼ cup	swiss cheese, shredded
----	pinch of nutmeg
----	pinch of garlic powder

Combine all ingredients except the cheese in a large bowl, ensuring they are evenly mixed. Pour the mixed ingredients into the inner pot then top with an even layer of cheese. Press the cook switch down and cook for 12 to 14 minutes. When the eggs are set, slide the frittata onto a serving plate. Cut into wedges to serve.

SERVES 1-2.
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Game Day Chili Cheese Dip

½	small onion, chopped
1 tsp.	vegetable oil
1	garlic clove, minced
1	15-oz. can prepared chili without beans
½ cup	prepared medium salsa
¼ cup	black olives, sliced
1½ oz.	low-fat cream cheese, cubed
1½ oz.	cheddar cheese, grated
----	tortilla chips, for dipping

Press the cook switch down. Allow the inner pot to heat then add in the onion, oil and garlic. Sauté for 3 minutes, using a long-handled wooden spoon to gently stir as the onion and garlic cook. Once the onion and garlic are translucent, add the chili, salsa, olives, cream cheese and cheddar cheese. Stir to combine all of the ingredients then place the lid securely onto the rice cooker. Cook for 4 minutes. Carefully open the lid, keeping hands and face away to avoid steam, and stir the dip. Cook again for 3 minutes. Continue cooking until the dip is warm throughout and the cheeses are melted. When done, serve in a large bowl with tortilla chips for dipping.

SERVES 2-4.
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RECIPES

Oatmeal

½ cup	rolled oats
1 cup	apple juice
¼ cup	water
¼ cup	raisins
dash	salt

Add ingredients to the inner pot and stir to combine. Lower the inner pot into the rice cooker then place the lid securely on top. Press the cook switch down. After roughly 10 minutes, carefully open the lid, keeping hands and face away to avoid steam, and stir with a long-handled wooden spoon. Cover and continue cooking until the rice cooker switches to **Warm**. Allow to stand for 10 minutes before serving. Add sugar, if desired.

SERVES 4.
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Linguine Your Way

4 oz.	linguine (about ¼ box)
1	16-oz. jar pasta sauce of your choice
2 cups	water or broth
----	cheese of your choice for garnish (optional)
----	chopped parsley for garnish (optional)

Combine all ingredients except the cheese into the inner pot, ensuring they are evenly mixed. Close the lid and press the cook switch down. Cook for 15 to 20 minutes, stirring frequently with a long-handled wooden spoon to prevent strands from sticking. Add additional liquid if the sauce becomes too thick. Serve hot with a sprinkling of parsley and grated cheese.

SERVES 2-3.
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For additional recipes, visit us at
www.AromaCo.com or at www.AromaTestKitchen.com

LIMITED WARRANTY

Aroma Housewares Company warrants this product against defects in material and workmanship for one year from provable date of purchase in the United States.

Within this warranty period, Aroma Housewares Company will repair or replace, at its discretion, defective parts at no charge, provided the product is returned, freight prepaid with proof of purchase and U.S. \$20.00 for shipping and handling charges payable to Aroma Housewares Company. Before returning an item, please call the toll free number below for a return authorization number. Allow 2-4 weeks for return shipping.

This warranty does not apply if the warranty period expired; the product has been modified by any unauthorized service center or personnel; the defect was subject to abuse, improper use not conforming to product manual instructions, or environmental conditions more severe than those specified in the manual and specification, neglect of the owner or improper installation; the defect was subject to Force Majeure such as flood, lightning, earthquake, other natural calamities, war, vandalism, theft, brownouts or sags (damage due to low voltage disturbances).

This warranty gives you specific legal rights, which may vary from state to state, and does not cover areas outside of the United States.

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SERVICE & SUPPORT

In the event of a warranty claim, or if service is required for this product, please contact Aroma® customer service toll-free at:

1-800-276-6286

M-F, 8:30am-4:30pm, Pacific Time

Or we can be reached online at:

CustomerService@AromaCo.com

For your records, we recommend stapling your sales receipt to this page along with a written record of the following:

· Date of Purchase:

· Place of Purchase:

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Aroma Housewares Company
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M-F, 8:30am – 4:30pm, Pacific Time

Note:

· Proof of purchase is required for all warranty claims.



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